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**Let's Talk Family.**

### **Marvin's Monster Diary 3**

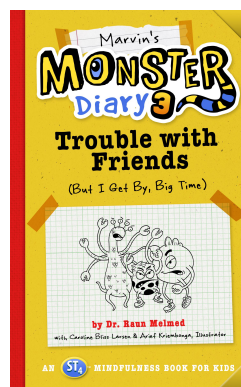
*Trouble with Friends (But I Get By, Big Time)*

**SANGER, Calif., April 14, 2020**—Readers fell in love with *Marvin's Monster Diary* when they first met the lovable monster who battled a rambunctious case of ADHD and wild emotions, with a twelve-string guitar and a diary by his side. Marvin returns and is on a mission to help Joey, a lake monster with a loud mouth and few manners.

No one wants to be around the lake monster who cuts in line, talks over them, or tells them what he really thinks about their art project. But Joey secretly wants only one thing: friends.

In the same humorous spirit of *Diary of a Wimpy Kid* comes *Marvin's Monster Diary 3: Trouble with Friends (But I Get By, Big Time)*. Using the “monstercam” and ST4 techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, this book teaches kids how to be mindful, observe their surroundings, and take time to think—all wrapped up in a funny and action-packed story.

*Marvin's Monster Diary 3: Trouble with Friends (But I Get By, Big Time)* includes a resource section to help parents and teachers implement Dr. Melmed's methods, plus ST4 badge reminders that kids can remove, color, and place around the house. This is an important and engaging book for any reader who struggles with making and keeping friends.



**Marvin's hilarious doodles and diary entries chronicle his delightful adventures, misadventures, and eventual triumph in a funny, relatable way!**

**Book Details:**

**Title:** *Marvin's Monster Diary 3: Trouble with Friends (But I Get By, Big Time)*, an ST4 Mindfulness Book for Kids

**Authors:** Dr. Raun Melmed and Caroline Bliss Larsen

**Illustrator:** Arief Kriembonga

**Publisher:** Familius

**Publication:** April 14, 2020

**Price:** \$12.99

**ISBN:** 9781641702348

152 pages

**\*Available from bookstores, online booksellers, and directly from [www.familius\(dot\)com](http://www.familius(dot)com)**

**About Raun:** Raun D. Melmed, MD, FAAP, a developmental and behavioral pediatrician, is the director of the Melmed Center in Scottsdale, Arizona, and co-founder and medical director of the Southwest Autism Research and Resource Center. He is the author of *Autism: Early Intervention*; *Autism and the Extended Family*; and a series of books on mindfulness for children: *Marvin's Monster Diary: ADHD Attacks*; *Timmy's Monster Diary: Screen Time Stress*; *Harriet's Monster Diary: Awfully Anxious*; *Marvin's Monster Diary 2 (+ Lyssa!): ADHD Emotion Explosion*; and the next in the series, *Marvin's Monster Diary 3: Trouble with Friends*.

**About Caroline:** Caroline Bliss Larsen edits BYU Independent Study courses by day and writes and edits novels by night. She is also a freelance acquiring editor for Jolly Fish Press and Flux, middle grade and young adult imprints of North Star Editions. She graduated in language, literature, and editing at Brigham Young University. She is the coauthor of *Marvin's Monster Diary 2 (+Lyssa!): ADHD Emotion Explosion* and *Marvin's Monster Diary 3: Trouble with Friends*. Originally an East Coast girl, Caroline lives in Utah with her game-designer husband. To clear her head of words from time to time, she likes to Irish dance, play board games, and snuggle her nieces, nephew, husband, and delightfully clingy cat, Cinder. Follow her on most major social media platforms, or visit [carolineblisslarsen.com](http://carolineblisslarsen.com).

**About the Illustrator:**

Arief Kriembonga graduated from Jakarta Arts Institute, Indonesia. He started his career as a children's and comic book illustrator in 2010. In addition to being an illustrator, Arief also works as a UI/UX and graphic designer. Besides art, his greatest passion is single-origin coffee. He lives with his wife and one beloved daughter in Jakarta, Indonesia.

**About the Publisher:**

Familius is a global trade publishing company that publishes books and other content to help families be happy. We believe that the family is the fundamental unit of society and that happy families are the foundation of a happy life. We recognize that every family looks different, and we passionately believe in helping all families find greater joy. To that end we publish books for children and adults that invite families to live the Familius Nine Habits of Happy Family Life: love together, play together, learn together, work together, talk together, heal together, read together, eat together, and laugh together. Founded in 2012, Familius is located in Sanger, California.

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